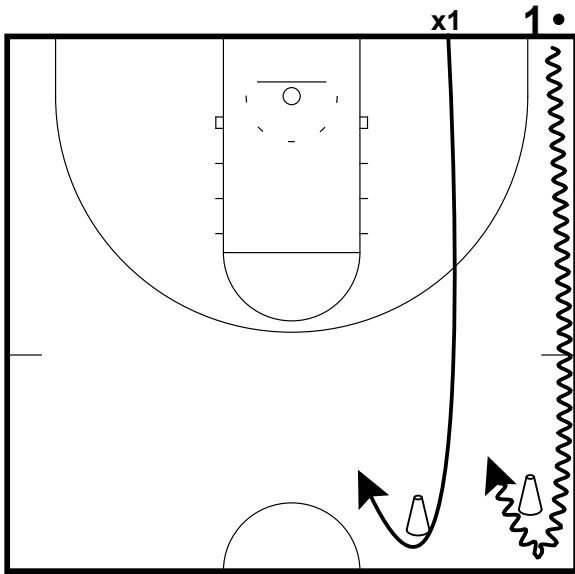


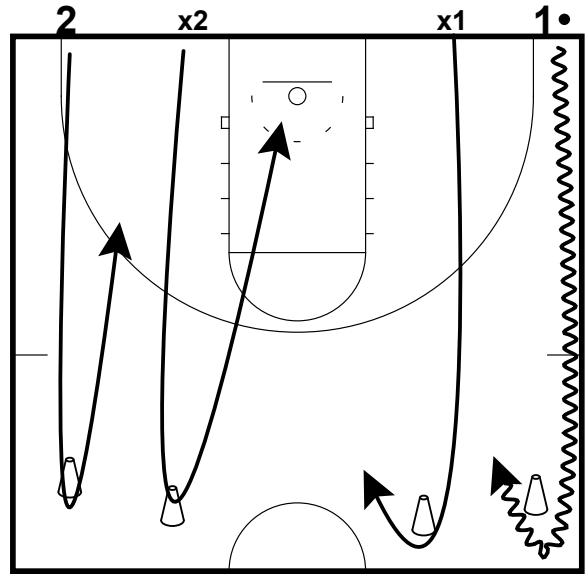
# Osterman University

1 ON 1 + WITH CONES  
DRILL



1 DRIBBLE AROUND CONE AND ATTACK X1 SPRINT  
AROUND CONE AND PLAY DEFENSE

1 ON 1 + WITH CONES  
DRILL



SAME BUT WE MAKE IT 2 ON 2